

Morris Ahdoot, M.D., FACOG, Inc.
Obstetrics, Gynecology and Infertility
16300 Sand Canyon Avenue Suite 301
Irvine, California 92618
Telephone 949-453-1173 Fax 949-453-1175

Post Operative Cone Biopsy Instructions

1. *Expect vaginal flow from 7-14 days. The flow should be lighter than a period after the first day.*
2. *Refrain from physical exercise for the first week after surgery, as this can cause increased bleeding.*
3. *You may have muscular aches and pains the day following surgery, due to the muscle relaxant that may be used during anesthesia.*
4. *Report to Dr. Ahdoot any heavy vaginal bleeding, passage of clots, severe pain or a temperature of 100 degrees or more.*
5. *Showering is OK the day of surgery.*
6. *Refrain from douching, tampon use, tub baths or intercourse until seen in the office.*
7. *Please call Dr. Ahdoot's office to schedule your follow up appointment for 1 week.*

Morris Ahdoot, M.D.