

## **LEEP PROCEDURE**

1. *Pelvic rest for three (3) weeks.*
2. *You may experience some bleeding following the therapy. This may not start for a few days, and may last as long as two (2) weeks. The bleeding may be anything from light spotting to a flow as heavy as an average menstrual period. If the bleeding persists after two weeks or if it is so heavy that you must change a maxi pad every two hours or more, please call the office.*
3. *You should avoid any type of exercise for three (3) weeks to reduce the chance of bleeding.*
4. *Make an appointment to be seen in the office in one (1) week.*
5. *You may have some cramping for a few days. Take Ibuprofen or Aleve as directed. If this does not help, call the office.*

## **CALL THE OFFICE IF YOU EXPERIENCE ANY OF THE FOLLOWING:**

- *Fever of 100 degrees or more*
- *A new or constant pain in pelvic area*
- *Persistent nausea or vomiting*
- *Bleeding, as described above*